

The Resident

Billericay District Residents' Association



"Help us to help you"



June 2025

Photo: Stefan Sheriden – Photofold Camera Club



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*Your subscription for membership costs £5, which includes 10 editions
of The Resident or £3pa if a member takes the e-version.*

Visit the BDRA Website at: www.bdra.org

Billericay Needs You!

BDRA VACANT ROLES

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You sound just like the type of person we are looking for. BDRA now has a vacancy for a Chair.

If you are interested, please contact resident@bdra.org

Road Reps

We are desperately in need of new volunteers to help us distribute and manage our magazine. Can you spare just a few hours a month to help us deliver our magazine to your street?

A Road Representative usually covers the same roads once a month.

Brookside (15)

Contact

jimandjanweir@gmail.com

Thank you

Shirley Farrow who covered Newlands Road, Newlands Close and Fern Close, for many years and has decided to retire.

Thank you, Shirley, for all your help and support.



VE Day Celebrations

On Bank Holiday Monday the Committee of South Green Memorial Hall held a V.E. Day Commemoration to honour those who lost their lives during WW11. About 100 visitors of all ages attended, during the day to view the displays.

There were lots of documents and photos to see; of particular interest were the photos showing the bomb damage to properties in the Great Burstead and South Green

area, along with ration books and cookery books about cooking with these scarce supplies. Christine Abbey, one of our Committee Members was able to display the uniform

of her aunt, who was in the armed forces. The hall was filled with young and old coming together to view the displays and enjoy the refreshments provided by the W.I.

The hall was constructed in memory of those who lost their lives during WW11, so anyone

interested in helping to keep this busy venue running for future generations is welcome at our Annual General Meeting Thursday 26th June at 7.30 p.m., or maybe you would like to hold an event at the hall, which has vacant weekday sessions from July, booking is through the website

www.southgreenhall.co.uk



Christine and Committee members' with her Aunt's uniform



Christine with Richard Holden, MP

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“Teenagers today! ...”

Local youngsters swap time in bed for time helping the community



Some of Billericay parkrun's Class of '25

Billericay parkrun has a long history of helping local students with their Bronze, Silver and even Gold level Duke of Edinburgh Scheme (DofE) Volunteering. Currently, over twenty youngsters are working through their challenge or waiting to get started.

Volunteer Event Director, David Hayday explains. “As an event, we really enjoy the involvement of our DofE volunteers and it's a pleasure getting to know the students and helping them gain new experiences and skills. It also makes

a very positive difference to the event, helping us to run smoothly and successfully week after week.

We aim to support the students in as many of the different volunteer roles as

possible and love it when we see their skills and confidence grow over time. Even more pleasing is when they continue taking part after completing their challenge, coming back time and again to walk, run or volunteer along with everyone else.”

But don't take David's word for it. Sophie, who is doing her Gold challenge involving a full year of volunteering with the event, told us “I really enjoy the



Sophie working towards her Gold Duke of Edinburgh Award

different roles each week and everyone is so supportive and friendly. So far, my favourite task is event photographer because it's amazing capturing pictures of how parkrun makes everyone feel and the joy of seeing everyone getting active together. It is just such a great way to start my morning. I absolutely love it and the sense of being in a community that parkrun provides.”

So, if you think all teenagers are the same, think again. Plenty of our local youngsters are helping all sorts of local groups just like parkrun and are benefiting from all the positives of helping others.



REMINDER...

We can now offer an e-version of *The Resident*. If you opt to receive the e-version you will be required to pay your subs by bank transfer. If you take the e-version your subs will be £3pa, as opposed to £5pa for the hard copy.

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Happy 100th Girls!

Two of the residents at Albion Court, Sun Street, celebrated momentous 100th birthdays during April. Molly and Iris were joined by family and friends for a tea party in their residents' lounge, and both enjoyed being stars for the day – *congratulations!*



Molly and Iris enjoying their celebrations



Community Pastors

Community Pastors are local Christian volunteers, in a strong relationship with all local Christian churches. The Pastors operate on the principles of compassion, care, and community engagement.

Their base is at the Community Hub in the High Street. It has been quite a journey getting to their current premises and progressing their dreams. They were based at St Mary's Church for around 12 years pre covid, but knew that they wanted to move to the High Street area where they could provide a safe space for people. At the same time the Billericay Food Bank was also outgrowing its premises and there was an opportunity of moving the 2 community groups together into one empty property in the High Street. This was enabled by some generosity from the premises landlord together with help from the local Rotary. Club. Billericay Foodbank has since moved to larger premises.

It was their intention when they moved to the Community Hub to be able to invite people into the Hub. Unfortunately, a serious fire at the premises in April 2024 caused extensive damage and their plans are currently in limbo whilst insurance

issues are sorted out. Hopefully these will be resolved and they end up with the safe place they aspire to.

Meanwhile, a dedicated team of volunteers still patrols the streets offering a listening ear, practical assistance and a reassuring presence to those who may find themselves in challenging situations. People may not need specific help but if they are feeling vulnerable at that moment

the Pastors will stay with them giving them reassurance until they are ready to move on, or someone such as friends or family comes to pick them up.

They deal with anything from 5-10 people every week, but while out in the town they also make about 200 casual contacts where people acknowledge the positive impact of their presence and stop for a chat. The hub is always open when they are patrolling, they greet people on the street as they pass, and if they see someone who they believe needs support they approach them. If they feel that someone needs more help in dealing with difficulties in their lives, they will point them to other appropriate agencies and charities.

They also work closely with local authorities, emergency services and licence holders to contribute to the overall safety and well-being of our community. They operate in and around the High Street, including the railway station on Friday and Saturday nights, between 19.00 – 23.00 hours, but are thinking of extending this to 1am. They are not the Police but help to maintain a safe and a positive atmosphere in our High Street and are part of the answer in helping to keeping our High Street and surrounding area and the night time economy a safe place for a good night out.

Good for our town and its economy.



Residents Rise Up Against Local Plan!

Part 2

Julian Whybra

By the 15th June 1381 the rebels' leader Wat Tyler had raised the whole of south-east England, gained control of Essex and Kent's main towns, and marched two armies to London. Sympathetic Londoners opened the gates and London was captured. England's rulers were bottled up in the Tower of London; and the Revolt was spreading nationwide. Tyler commanded the peasants' total allegiance and had largely been able to control their actions; and they had all taken a loyal oath to the King. Not wanting to alienate Londoners, he had issued stern warnings against looting; they "had not come for personal gain but for the commonweal."

Despite its name, the Revolt did not just involve peasants but tradesmen, skilled craftsmen, priests, free tenants and farmers, as well as 'administrators' such as reeves, tax-collectors, constables, and even a few landowners. Some 10,000 Londoners joined the rebels. One was goldsmith Thomas Faringdon, one of the Essexmen's leaders. He certainly had business dealings in Essex and may have come from there originally. Criminals freed from prisons, including Roger Forster from Billericay, joined the rebels.

There were targeted killings of poll-tax officials, their homes and offices were set ablaze, and their contents destroyed. Lawyers were particularly singled out, as

were Flemings, regarded as bloodsucking merchants or exploitative manufacturers living off England's wealth. Tensions ran high: John Wiltshire of Little Burstead "freely and without compulsion lopped off the head of a certain squire called Grenefeld". Wat Tyler settled an old score with a former master by killing "a rich man called Richard Lyon" who had once beaten him. John Starlyng of Great Warley boasted he had executed the Archbishop of Canterbury.

The King agreed to all the rebels' demands and to end feudalism; he met Tyler on the 15th at Smithfield to settle the details. However, Tyler was lured into a trap, cut down, severely wounded, and promptly executed.

The King and his Council quickly reasserted their power and revoked all concessions previously granted. The leaderless rebels in London were corralled and dispersed. Some were executed, Faringdon was imprisoned, others went on the run.

The Revolt in London was over but not in Essex. John Geffrey (East Hanningfield) organized an attack on the Bishop of London's manor, Crondon Park near Stock; property was burnt and goods stolen. William Cole (Ramsden Bellhouse) and Robert Stoleman (Downham) led their villagers to attack the Countess of Hereford's manor at Ramsden Bellhouse. William atte Stable (Downham) with others destroyed the manor-house and stole livestock at Barn

Hall, Downham. John Hose, Rose Cartere, Margaret and Peter Castelyn, Emma Edward and twenty-one other Hutton tenants attacked the Abbot of Battle Abbey's manor in Hutton. John Ingelond with other Downham villagers attacked the King's mother's manor at Barstable Hall, Basildon. John Caumpe and William Osborn of Ingatestone, among others, destroyed the Knights Hospitaller's manor-house in Fryerning, committing arson and theft. The list goes on.

Attacks petered out as news arrived of the London debacle. The King's army, seeking retribution, prepared to advance into mid-Essex.

To be continued...





Billericay Choral Society

Summertime

Saturday 28th June 2025

3.00 pm

Methodist Church Hall

Western Road

Billericay CM12 9DT

Enjoy tea and cake whilst we entertain you with Songs from the Shows

Director **Ed Sutton**
Accompanist **Philip Prior**

TICKETS £15 including light refreshments
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Billericay Choral Society aims to advance the education of the public in choral works by the presentation of public performances and to foster the public knowledge and appreciation of such music



Mayflower Morris Men

will perform their mummery's play

St. George & the Dragon

in Lake Meadows on
14th June
at 11.45 am and at 2.00 pm

Mumming is serio-comic and England's original street theatre. It's a free event which lasts around 30 minutes and is suitable for all ages.

Please come along and remember to boo the dragon!



Registered Charity 1157058

Lake Meadows is rather a special place to many local residents and so it was to a certain Major Thomas Jenner Spitty in the 1800s. He had a vision for these lands that have made it the place that we all love so much. His father Captain Thomas Spitty bought the estate in 1831, after it had belonged to generations of the family of the Lords Petre of Yngatte-Stone, since 1539, after the manor was bought from King Henry VIII in 1539.



In the 19th century, small pockets of land were sold off by Lord Petre and there were several different owners. In 1831 at a London sale, a Captain Thomas Spitty bought 39 acres of Hill House Farm, later adding more pockets of land until he had acquired 117

acres in all. When he died in 1858, he left the lands to his son, Major Thomas Jenner Spitty, who was a magistrate and local JP, later becoming Deputy Lieutenant and High Sheriff of Essex. He was a great benefactor to the town in many ways, founding the Reading

Rooms and Great Burstead school although he did not, as some suggest, give the park to the town.

For three hundred years, local tenant farmers had worked the land, grazing their cattle, keeping a few sheep and hens and struggling to grow corn and a few root vegetables on the difficult yellow London Clay. A little stream ran down through the fields to a small lake, where watercress grew freely. The fields were edged with hedges and oak trees, and had names such as Hither Hilly Meadow, Rushy Meadow and Rushy Hoppit. Even, to this day, we can pick out some of those field

to enjoy holding wildfowl shooting parties, particularly on his Bowers Gifford estate, where he had an extensive lake. He also wanted to show off his property at Billericay, so ordered a lake to be dug on his Hill House Farm estate.

He employed out-of-work farm labourers, who had returned from fighting in the Crimea, and was supposed to have paid them a shilling a day, equivalent to the Poor Law payments, and fed them a good meal, in return for their hard work. The lake was originally supposed to be 'S' shaped but for some reason it was never completed, either because he ran out of money, which is doubtful judging by his wealth noted at probate or because the workers got fed up with digging! He did not live at the farmhouse but at the largest house in the town, known as Hurlocks where he had a belvedere on the roof, from which he could watch the men digging his lake. If he saw a man leaning on his shovel, he would immediately go down to the lake and give the man the sack!

The Major died in 1898 and the estate and farmhouse passed to other people including his niece. Much of the land continued to be farmed into the 20th century, although small pockets were sold for housing and the farmhouse was sold separately to the farmland. Nearly 100 years ago, in 1934, the chairman of Billericay Rural District Council, Cllr Harry Bebington and his fellow council members agreed to purchase the farmland, as a public amenity for the people of the town. On Saturday July 11th, 1936, the park was officially opened, followed by a fete enjoyed by the crowds. It was the start of what was to become a very special place for the residents of Billericay.

boundaries by the remaining old oak trees.

Major Spitty owned a number of other large estates in Essex and used to entertain many people in high places, including, we hear, Horatio Kitchener, the 1st Earl Kitchener. He used

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BILLERICAY STRIDERS 10K ROAD RACE 2025 NOTICE TO RESIDENTS



It's time to remind everyone about Billericay Striders' ever-popular 10K road race in 2025, which this year will be held on Sunday 6th July. This is our first summer date. We are trialling a summer race due to having to cancel the race in 2023 due to dangerous conditions at the ford.

The race will start at 9.45am at Hannakins Farm Community Centre and finish at Brightside School. As in previous years, Residents in the vicinity of Hannakins Farm Community Centre are asked for their forbearance as additional parking is expected in streets

close to the Community Centre. However, runners have been advised to park respectfully and should not cause any inconvenience to local residents in the area. This year we hope to be providing additional spill-over parking as in previous years.

Other roads which will be affected by the race will be: Maplebrook Mews, Upland Road, Rosebay Avenue, Queens Park Avenue, Stock Road, Ingatestone Road and Mountnessing Road. Please be patient during the race – there will be marshals along the route to assist traffic and ensure the safety of the runners. The race is run with the available help from the Police and the Council have been advised.

The race is largest sporting event in Billericay and is

contested by Essex elite athletes, fun runners and first timers – all are welcome.

If you have any queries, please email the 10K committee billericay10k@googlegroups.com

If you have already entered, good luck and enjoy the race! It might be hot this year so make sure you are well hydrated.

Once again, the club thanks local residents for their patience during this ever-popular event.

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Town Council Meetings

- **Billericay Town Council Meetings** Planning, **10th and 24th June**; Finance and General Purposes **5th June**; Annual Town Council **12th June**



Clubs and Societies

- **Anna's Place** For older adults. Dementia friendly. Crafts, puzzles, games, music, singing, lunch and refreshments 10.30am -2pm **every Tuesday**, Christ Church Hall, Perry Street, Billericay. For more information phone 01277 630144
- **Basildon and Billericay French Circle** meets at The Fold, Laindon Rd **Friday 16th May** at 8pm. Coluche: chanteur, acteur, comique, homme sérieux – a talk in French by Vincent Raymond Barker. All welcome, Visitors £5 www.basildonandbillericayfrenchcircle.com or contact 07986 293419
- **Basildon Mind** A local Charity focusing on helping people with their mental health. We hold pop-ups at the Humankind Café **every Wednesday**. We are still looking for Billericay Representatives. Contacts: 01268 289700, john@basmind.org
- **Billericay Archaeological and Historical Society** meet at The Fold, Laindon Road, **Monday June 9th** The History of the Pearl, a Famous Gemstone – Jason Middleton Non-Members £2, Raffle £1, refreshments £1 per person. Contact alantaylor8@openworld.com
- **Billericay Art Club at The Fold Thursdays** 9.30-12.30 New members wanted to join small group of friendly, encouraging amateur painters at The Fold Refreshments and free parking available. Call Eileen on 01277 659347 for more information
- **Billericay Choral Society** – Come and Sing, **Tuesdays** at 7.30pm at Methodist Church, Western Road, Billericay. For more information contact www.billericaychoral.co.uk
- **Billericay Flower Arranging Group** meet on **1st Wednesday of each month** at 7.30pm for 8pm start in WI Hall, St Edith's Lane, Billericay. Visitors welcome at £7 each. Contact Linda Gilbey on 01277 656217 or email ljgilbey@aol.com
- **Billericay Horticultural Society 16th June** Growing and Sharing Dahlias Dave Spencer. Meet at Chantry Centre from 8-10pm. Visitors welcome £3.00. Refreshments available 43trouble@gmail.com
- **Billericay Lions Club** meet in The Duchess Suite at The Duke's Head PH on the **second and fourth Mondays every month** 8-10pm. If you would like to make new friends, whilst helping those less fortunate than yourself, please get in touch 0345 833 9849. For more information www.billericaylions.com
- **Billericay Men's Shed** Generally **fortnightly – Mondays** – Coffee n chat, **Tuesdays** – Woodworking, **Wednesdays** – Volunteer supported sessions for those with dementia and their carers. Lake Meadows to the front of the bowls building, just beyond the bowling green. Contact billericaymensshed@gmail.com or phone 07544 752686
- **Billericay Branch of The Mother's Union** meet on **4th Wednesday each month** at 1pm for 1.30pm start in the Mayflower/Pilgrim Rooms of The Emmanuel Archer Hall 66-68 Laindon Road, Billericay CM12 9LD. We have a variety of Speakers and activities, Contact Pauline 07939102945

- **Billericay and District Parkinsons Support Group** We have **every Monday and Tuesday** at 11.30am at Studio360 our exercise classes; every other Tuesday Let's Sing Group meet at 2pm in Christchurch, Wickford, our Walk and Talk Group meet **every Thursday** at 11am at main entrance of Lake Meadows to walk a loop or two and tea at the end; Monthly meeting on **3rd Saturday of each month** at Emmanuel Hall at 2.30pm.

- **Carers Peer Support Group** Meet at 2pm in Education Room of Billericay Medical Centre on **last Monday of the month**. To book: Contact Jenny. Goodson@carersfirst.org.uk

- **Gone Too Soon** Bereavement support group for Parents who have lost a Son or Daughter in any circumstances and if recent or a while ago. Meet at The Chantry Centre, Chantry Way **Monday 9th June**. Parents are given a warm and friendly welcome in a safe environment. Contact Lyn on 07387805406 or e-mail lyn-currie@hotmail.co.uk www.gone-too-soon.online

- **Hearing Help Essex** – Hearing Aid Support Session. **Monthly** maintenance sessions for NHS hearing aid users at The Chantry Centre. To book an appointment call 01245 496347, text 07950 406173 or book online at www.hearinghelpessex.org.uk

REMUS MEMORIAL HORSE SANCTUARY

Little Farm, Buttsbury, Ingatestone, Essex CM3 9NZ

June and July Events

JUNE

1st – OPEN DAY At the Sanctuary. Starts 1pm-4pm. Drinks and snacks are available all afternoon. Plus, we have stalls selling gifts, books, bric-a-brac. Come along and meet the animals, see our work and join the fun!

9th – AFTERNOON TEA At the Sanctuary 2.15pm start. Cost £25.00 per person, includes a glass of Prosecco. Booking essential. Enjoy a Tea with the animals in the beautiful scenery. These Teas are incredibly popular, book early to avoid disappointment.

22nd – ONLINE AUCTION via Remus Facebook Page. Starts 11.00am

22nd – CURRY CLUB Nirvana Indian Restaurant, Ingatestone, £22 per person includes poppadoms and dip, main course, side dish, rice or bread 2.00pm for 2.15pm start. Booking essential.

23rd – AFTERNOON TEA At the Sanctuary 2.15pm start. Cost £25.00 per person, includes a glass of Prosecco. Booking essential. Enjoy a Tea with the animals in the beautiful scenery. These Teas are incredibly popular, book early to avoid disappointment.

29th – LEGACY DAY At the Sanctuary 2.00pm-4.00pm – A special event dedicated to celebrating and learning more about the lasting impact that gifts in Wills can have for animals in need, including a behind the scenes tour.

JULY

6th – OPEN DAY & FUN DOG SHOW At the Sanctuary. Starts 1.00pm-4.00pm. Drinks and snacks are available all afternoon. Plus, we have stalls selling gifts, books, bric-a-brac. Come along and meet the animals, see our work and join the fun!

Contact <https://www.remussanctuary.org/events>.

- **Norsey Wood Society** will be holding the next Illustrated Talk at 7.45pm on **Monday 16th June** in The Fold, 72 Laindon Rd, Billericay CM12 9LD (Car Park behind former Reid's). Alasdair Greenyer, an Essex Falconer and friend will present an "Introduction to British Raptors". Everyone welcome to this free event. Visit norseywoodsociety.uk for our 2025 events programme

- **Offshoots Singing Group** meet on **1st and 3rd Wednesday of each month** at St Johns Church, Outwood Common Rd CM11 2LE from 7.45-9.45pm. No auditions. Parking on site. Contact geoffrudd47@gmail.com or phone 07763424206
- **Photofold Camera Club** meet at The Chantry Centre, Chantry Way on Tuesdays 8.00-10.00pm, doors open at 7.30pm. Info at www.photofold.org.uk
- **Probus Retired Men's Club** Join other retired professional and businessmen at our **monthly** lunch, usually with a Speaker. Contact Steve on 07817 694980 or stevejk88@outlook.com for more details.
- **Probus Club of Billericay and Shenfield** welcomes retired gentlemen members to our 3-course lunch meetings, which includes a guest Speaker at Mount Avenue Banqueting Suite, Hutton on the **last Thursday of every month**. Please contact ianmarshall112@gmail.com for more information.
- **Billericay Ladies Probus Club** If you are retired and would like to make new friends, join us for a **monthly** lunch, chat and speaker. Contact stephanie4probus@gmail.com for more details.
- **Outwood Common Tenants and Residents** Chat with a Cuppa – A warm space and a friendly face **every Friday** 10-11.30am, for an informal chat, a cuppa and biscuits. Everyone welcome. St. John's Church, Outwood Common Rd CM11 2LE
- **Royal British Legion Billericay Branch** meets on **last Wednesday of the month** at 8.00pm in the Chantry Centre. You don't have to have served in the Forces to join or help. Contact Derek on 07757 313688, derekpriprior@hotmail.com
- **Spike's Place Jazz Club** Bardswell Social Club, Weald Road, Brentwood, Essex CM14 4TJ. 8pm start Telephone 01245 420475. www.spikesplace.co.uk or Facebook, Twitter and Instagram. £15 cash on the door. Fully accessible. **Tuesday 3rd June** Ted Beament-piano, Jerome Davies-bass, Rod Brown-drums; **Tuesday 10th June** Vasilis Xenopoulos-tenor sax, Nigel Price-guitar, Simon Thorpe- bass, Billy Pod-drums.; **Tuesday 17th June** Mick Foster-tenor sax, Dominic Ashworth-guitar, Dave Manington-bass, Tristan Maillot-drums
- **Stock Brook Ladies Probus Group** meets on the **3rd Wednesday of each month** to listen to a speaker and take lunch together at Crondon Park Golf Club. All are welcome. Please contact stockbrookladiesprobus@talktalk.net for more details.
- **The Next Chapter Bereavement Group** We meet **every 2nd Saturday of the month** at Emmanuel Church Hall at 10.30am-12.30 for coffee and chats for widows and widowers. For more information ring Sandra 07957 348006

- **APPLE Bridge** Friendly Club meets at Hannakins Farm, Rosebay Avenue on **Wednesday mornings** for duplicate sessions at 9.45. Sessions cost £4 per session. Bring own refreshments. Contact 07552 753075
- **Anne Owen Bridge Club** meets at Hannakins Farm Community Centre, Rosebay Avenue CM12 0SY on **Tuesday afternoons** at 1.15pm for 1.30pm start for friendly bridge. Members £3, Visitors £4 per person per session. For further information, contact Mrs Janet L'Estrange on 01277 624078.

The WI

- **Billericay WI** meet at the WI Hall, St. Edith's Lane at 2pm on the **first and third Wednesday of each month**. Contact 01277 624255.
- **Buttsbury (Billericay) WI** meet on the **2nd Tuesday of the month** at Canon Roche Hall 8pm-10pm. New members welcome. For more details contact Jan Nash on 01277 630147
- **Little Burstead WI** meet on the **second Thursday of the month** from 2pm-4pm at Little Burstead Village Hall. Contact 01268 491396
- **South Green WI** meet on the **third Thursday of the month** at South Green Memorial Hall, Southend Road. CM11 2PR. Contact 01277 652739



Fitness and Sport

- **Billericay parkrun** Every **Saturday** 8.45am at Lake Meadows, parkrun provides a free, timed 5k run, jog or walk for all standards from 4years+ Visit www.parkrun.org.uk/billericay or visit our Facebook page.
- **Lake Meadows junior parkrun** Every **Sunday** at 8.45am at Lake Meadows, parkrun provides a free, timed 2k run, jog or walk for all standards from 4-14 years. Visit www.parkrun.org.uk/lakemeadows-juniors/ or visit our Facebook page: Lake Meadows junior parkrun
- **Billericay Town Walking Football** We train at Billericay Town FC. Men 50+on **Mondays** 8pm-9.30pm and **Thursdays** 10am-12pm (£6 per session) **Mondays** 7pm-8pm for Ladies 40+ (£5 per session). E-mail Bill at btfcwf@gmail.com
- **Outwood Common Tenants and Residents** – Seated Yoga **Friday** 11.15-11.45am at St John's Church. £1.50 a session. **First session free.** Open to everyone of all ages and abilities

To advertise your event here, please email resident@bdra.org

Deadline for the next issue is 10th June for events taking place between 10th July and 9th September.

THE
CHIROPRACTIC CENTRE
BILLERICAY • BRENTWOOD

DO YOU HAVE PAIN?

Call us **TODAY** on
01277 631025





★★★★★

- Low back pain
- Neck pain (including Whiplash)
- Hip and knee osteoarthritis
- Shoulder pain
- "Frozen" shoulder
- Tennis elbow
- Knee pain
- Plantar Fasciitis
- Dizziness (cervicogenic)
- Migraine and headaches



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Don't struggle to carry it up to the shop or put up with expensive call out charges.

Call Gary Mander,
Computer Technician
on 01277 636358
for a no obligation chat

Gary@PCTechnician.co.uk

No Call Out Charge!



Billericay District Residents' Association COACH TRIPS



**ON THE DAY OF THE TRIP ONLY
THE EMERGENCY CONTACT
NUMBER IS 07518 122647**

Please note that all payments should be made as soon as possible and sent to the person named on the trip advertisement. Cheques should be made payable to BDRA and the trip title shown on the back of the cheque.
Departure points for all trips:

QPR – Queens Park Roundabout (for holiday trip only), GG – Gooseberry Green, bus stop at roundabout, OA – Orchard Avenue, approaching Stock Road, LR – Laindon Road, bus stop between Sun Corner and the fire station, SG – South Green, bus stop to Wickford, opposite the retirement apartments

Please note – When a trip is confirmed the fare must be paid as soon as possible.

If you are a solo traveller on a trip, we ask you to provide a contact number when booking, in case of an emergency on the trip.

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ THE SAVILL GARDEN AND 2 HOUR THAMES CRUISE WITH CREAM TEA – THURSDAY 26TH JUNE

FULL – PLEASE PAY NOW

Our first stop is The Savill Garden a hidden gem in the heart of Windsor Great Park. There will be plenty time to explore the beautiful gardens. It has two gift shops, a farm shop and a plant shop. You can purchase a drink, a sandwich, or a meal in one of the cafes or if you prefer bring your own food and have a picnic. After lunch we board the coach for the 15-minute journey to Runnymede where we board our boat. Our cruise with commentary will take us to the back garden of Windsor Castle with views of the Castle, Royal Farm and Queen Adelaide's Cottage. We will also go through Old Windsor Lock, the village of Datchet and Romney Lock. A cream tea will be provided during the cruise. Please mention any dietary requirements when booking. Any drinks bought on the boat must be paid for in cash.

Cost: £58.50 which includes entry to the garden, cruise and cream tea.

Depart: GG 8.30am. OA 8.35am. LR 8.45am. SG 8.50am.

Please telephone to book after 9.00am on Monday 14th April

Kathleen Fox, 72 Perry Street, Billericay, Essex, CM12 0ND.

Telephone: 01277 622342

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ 2ND COACH TRIP TO THE SAVILL GARDEN AND TWO HOUR THAMES CRUISE WITH CREAM TEA – TUESDAY 12TH AUGUST

If interested, please contact:

Kathleen Fox, 72 Perry Street, Billericay, Essex, CM12 0ND.

Telephone: 01277 622342

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ A VISIT TO ROYAL TUNBRIDGE WELLS, LUNCH ON THE SPA VALLEY RAILWAY AND TIME PERMITTING A STOP AT POLHILL GARDEN CENTRE – SATURDAY 12TH JULY **FULL**

On leaving Billericay we make our way to the charming historic town of Royal Tunbridge Wells, which has been attracting visitors for 400 years. We will be here before our train trip, to allow us to explore some of the town and The Pantiles which is the old part of the town, where there are shops galore, or just enjoy a cup of coffee in one of the many cafes. Tunbridge Wells West station is located at The Pantiles end of town which is a 10/15 minutes' walk. We board our train at 12.30pm and depart at 12.45pm. Our freshly prepared fish and chip lunch will be served on our journey and includes a drink and cake dessert. On our journey home and time permitting we are planning to stop at Polhill Garden Centre to end our day.

Cost: Coach, Train Tickets, Fish/ Sausage and Chip Lunch (Veggie Burgers & Chips are available). £50.50

Unfortunately, the railways are unable to cater for vegans or gluten free requirements, due to their suppliers.

Depart: GG 8.30am. OA 8.35am. LR 8.45am. SG 8.50am. Back in Billericay approximately 6.30pm.

Yvonne Cave, 11 The Vale, Stock, Ingatestone, Essex, CM4 9PW.

Telephone: 01277 840560

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ A DAY TRIP TO BRIGHTON AND CREAM TEA AT THE MALDRON HOTEL – THURSDAY 7TH AUGUST

More than just a seaside resort, Brighton has a lot to offer. Have a day to yourself to explore The Lanes, which have an extraordinary mix of shops. If you have never visited The

★ NEW TRIP ★

Royal Pavilion and are interested in royal history, it is well worth a visit. Located in The Royal Pavilion Gardens is Brighton Museum & Art Gallery, an admission is required. The Sea Life Centre is the oldest in the world and very close to the seafront and provides a fascinating insight into life below the waves. Weather permitting take a stroll along the promenade and after your walk find a deckchair to relax in. We have booked The Maldron Hotel at 3pm for a cream tea, before we depart for home.

Cost: Coach & Cream Tea £30.00

Depart: GG 8.15am. OA 8.20am. LR 8.30am. SG 8.35am. Back in Billericay approximately 6.30pm.

Please telephone to book after 9.00am on Tuesday 24th June

Yvonne Cave, 11 The Vale, Stock, Ingatestone, Essex, CM4 9PW.

Telephone: 01277 840560

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ BBC GARDENERS WORLD AUTUMN FAIR AT AUDLEY END HOUSE AND GARDEN, SAFFRON WALDEN, ESSEX – SUNDAY 31ST AUGUST

**WHAT'S ON: TOO MUCH TO DETAIL AND WILL BE A FULL DAY.
SOMETHING FOR EVERYONE, SO HERE IS A SUMMARY:**

Expert tips + Garden inspiration + Plants to buy + Great shopping + Showcase Gardens + Beautiful Borders + Plant Expert Tours + NEW! Autumn Table + Hands-on workshops + BBC Gardeners' World Magazine Stage + Good Food Market + Street food + Live music + Access to Audley End House and Garden. Also, importantly meet The Experts, who will be announced nearer our date and have fun.

Cost: Coach & Entrance Under 65 – £42.00 **Concessions:** Over 65 – £40.60

Depart: GG 9.00am. OA 9.05am. LR 9.15am. SG 9.20am. Back in Billericay approximately 6.00pm.

Yvonne Cave, 11 The Vale, Stock, Ingatestone, Essex, CM4 9PW.

Telephone: 01277 840560

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ NEW FOR 2026 – COACH HOLIDAY AT 2024 PRICE! IMPERIAL HOTEL EASTBOURNE – SATURDAY 14TH MARCH 2026 - WEDNESDAY 18TH MARCH 2026

Included:-

- 5 days half board
- 2 full day excursions (places to be arranged)
- 1 evening half price bar (5pm till 9pm)
- Entertainment every evening

Usual pick up points times to be arranged.

The Imperial Hotel is ideally situated 100yards from the beach and close to the shops. All rooms have a television and tea and coffee making facilities. There is a lift and also a bar and a separate lounge area. A coffee shop and snack bar are situated in the hotel. Wi Fi is available.

There are 16 single room available with no single supplement. (Only one room per person can be booked).

Cost: £299.00. Deposit £30. Balance due January 2026.

Please telephone to book after 9.00am on Tuesday 20th May

Kathleen Fox, 72 Perry Street, Billericay, Essex, CM12 0ND.

Telephone: 01277 622342

In case of cancellation please arrange your own insurance as a refund can only be given if your room can be reallocated

**★ NEW HOLIDAY
FOR 2026 ★**

**If concession prices are quoted (i.e. seniors, children) these should be requested at the time of booking or the full price will apply.
In the event that you need to cancel all efforts will be made to resell your tickets, however if we are unable to resell your tickets
you are liable for payment.**

PRIVACY NOTICE We understand that you consented to BDRA holding personal details about you when you subscribed as a member of the Billericay District residents' Association and a recipient of the Resident magazine. The information which we hold is your name and address, and we may hold additional information which you have provided such as your email address and/or telephone number. We hold this data for the purpose of delivering the Resident Magazine to you and to collect and administer your subscription payments. We will hold your personal information only for as long as is necessary for these purposes. Personal data is held securely and will not be shared with any third parties. You have the right to request to see what information we hold about you. You have the right to instruct us to delete your personal information from our records at any time. This would result in the termination of your membership of the BDRA.